



COVID-19 Pre-Screening Protocol for Players July 13th, 2020

Dear Skyline Players and Parents,

Please read this email thoroughly!

We are looking forward to seeing players back on the fields. We are requesting that you ensure your child is healthy, and that you are checking their temperature daily before you leave for training. With everyone doing their part, we are confident we can provide a fun and secure training environment for our players.

Please Note: If a player's temperature is below 100.4° and they answered NO to all of the symptoms below they can participate.

SYMPTOMS OF COVID-19 INFECTION: Individuals with COVID-19 can exhibit symptoms ranging from mild to life threatening. The most common symptoms associated with infection include:

- Fever (≥ 100.4 degrees F) Y/N
- Cough Y/N
- Shortness of breath Y/N

Less common symptoms that may still be evidence of COVID-19 infection include:

- Sore throat Y/N
- Congestion Y/N
- Nausea and vomiting Y/N
- Diarrhea Y/N
- Headache Y/N
- Muscle / joint pain Y/N
- Sudden loss of taste or smell Y/N

Cannot attend club events until:

a) At least 3 days (72 hours) have passed since resolution of fever (defined as ≥ 100.4 degrees F) without the use of fever-reducing medications and respiratory symptoms (e.g., cough, shortness of breath), AND...

b) At least 10 days have passed since symptoms first appeared. OR:

c) Resolution of fever without the use of fever-reducing medications, AND

d) Improvement in respiratory symptoms (e.g., cough, shortness of breath), AND...

e) Negative results of an FDA authorized molecular assay for detection of SARS-CoV-2 RNA from at least two consecutive respiratory specimens collected

Cannot attend club events until:

- a) 10 days after the date of their first positive COVID-19 diagnostic test assuming no symptoms since that time. If symptoms develop, then management should be guided as above for symptomatic individuals. OR:
- b) Negative results of an FDA authorized SARS-CoV-2 RNA test from at least two consecutive respiratory specimens collected ≥ 24 hours apart (two negative specimens).

Return to Practice Procedures:

1. Take your players temperature BEFORE coming to the field each day.
2. Players need to bring their own soccer ball and not touch others soccer balls.
3. Players need to bring and not share their water. Please bring extra, it's hot. Coaches and players, please put your water and equipment 6 feet apart and please social distance when taking water breaks to avoid contact.
4. Players and Coaches cannot hug, handshake or give high-fives.
5. Players and Coaches need to maintain a social distance of 6 feet whenever possible. However, COVID protocol now allows scrimmaging during practice.
6. Players need to make sure that they check-in with their coach upon arrival as COVID-19 protocols require keeping an accurate record of attendance at every training session in case a coach or player tests positive.
7. Players should wear masks upon arrival and when departing the practice field. Players do not need to wear face masks when training but can if they choose. It is highly recommended that coaches wear face masks. It is more of a friendly reminder for coaches so they can remember the COVID environment that we are all involved in.
8. Players and Coaches are encouraged to bring their own hand sanitizer.
9. Players should clean their equipment before each training day, including cloths, shin guards, cleats and soccer ball(s). Further, this goes for Coaches as well.
10. Players should not touch cones, goals or other equipment. Coaches need to set-up, move and pick-up all equipment that is used. Players are encouraged to bring two shirts (dark & light) so that bibs, pinnies or vests are not used and shared.
11. Coaches must maintain a social distance of 6 feet whenever possible.
12. Coaches are the only ones to move or handle soccer equipment.
13. Practice will be primarily individual skill-based training, but some small sided scrimmaging is allowed at this time.
14. Parents should drop off players and wait in cars or ensure they are social distancing and not gathering with others.
15. Parents, players and coaches should not attend training if running a fever, feel ill or have been exposed to COVID-19 in the last 14 days.
16. No congregating before or after training sessions.
17. Carpooling is discouraged.

Thank you,
Skyline Soccer Staff